



FOR DELEGATED CAREGIVERS

Student:	DOB:
Procedure Written on:	
By:	By:
Reviewed on:	Reviewed on:
By:	By:
Reviewed on:	Reviewed on:
By:	By:

KETONE TESTING

To be performed when student has blood sugar reading of \geq _____

Equipment kept: Disposable gloves, ketone test strips, disposable cup, watch with second hand or timer, paper towels.

Equipment location: _____

1. Have student independently void small amount of urine into a clear paper cup
2. Wash hands and put on gloves.
3. Saturate strip by dipping strip into cup.
4. Wait for test strip to develop per manufacturer's direction.
5. Compare color of strip to chart on bottle.
6. Empty urine into toilet and dispose of cup and ketone strip in lined trash.
7. Remove gloves; wash hands.
8. Record on Diabetes Treatment Delegated Care Log.
9. If ketones are present:
 - a. Follow School Treatment Plan/Physician Orders.
 - a. Call parent and school nurse to advise of reading.
10. Record all actions in the delegated health care log.



References

Multnomah Education Service District. (2016). Ketone testing, procedure for.

U.S. Department of Health and Human Services. (2013). Helping the student with diabetes succeed: A guide for school personnel.

Images: Drugs.com